



MEMBER WEEKLY CLASS SCHEDULE (as of January 2026)

Track Training Color indicated next to sessions.

- LEVEL 1 – Little Ballers (Yellow): For 5-7 years olds – Getting ready for Beginner Sessions
- LEVEL 2 – Beginner (Orange): Introduction to Fundamental Basketball Skills, Rules and Terminology
- LEVEL 3 – Intermediate (Green): These are the “How-To” Sessions. Fundamental Skills with movement, Rules and Terminology
- LEVEL 4 – Game Day (Blue): Intermediate to Advanced Players - Game Situational Skills building a players Basketball IQ
- LEVEL 5 – Advanced (Red): Advanced Players – Continuing to Build a players Basketball IQ. Advanced Skills

Location: PREMIER ACADEMY OF TROPHY CLUB, 915 TROPHY CLUB DRIVE, ROANOKE TX 76262

MONDAY	
GYM 1 5:00 pm – Basic Ball Handling & Triple Threat Series ● 6:00 pm – Intermediate Ball Handling ●	GYM 2 5:00 pm – Intermediate Shooting & Scoring ● 6:00 pm – Game Day/Adv. Off the Catch Offense ● ●
WEDNESDAY	
GYM 1 5:00 pm – Beginner Shooting & Scoring ● 6:00 pm – All Levels – Post Player Development	GYM 2 5:00 pm – Inter. Offensive Basketball Skills (Mobility) ● 6:00 pm – Game Day/Advanced Ball Handling ● ●
SATURDAY	
GYM 1 9:30 am – Beg. Offensive Basketball Skills (Mobility) ● 10:30 am – Intermediate Off the Catch Offense ●	GYM 2 9:30 am – Inter. Basketball Basics (Basketball IQ) ● 10:30 am – Game Day/Adv. Shooting & Scoring ● ●